

Designing Interactions with Kombucha SCOBY

Fiona Bell fiona.bell@colorado.edu ATLAS Institute University of Colorado Boulder Boulder, Colorado, USA Derrek Chow derrek.chow@colorado.edu ATLAS Institute University of Colorado Boulder Boulder, Colorado, USA Eldy S. Lazaro Vasquez eldy.lazarovasquez@colorado.edu ATLAS Institute University of Colorado Boulder Boulder, Colorado, USA

Laura Devendorf laura.devendorf@colorado.edu ATLAS Institute & Info Science University of Colorado Boulder Boulder, Colorado, USA Mirela Alistar mirela.alistar@colorado.edu ATLAS Institute & Computer Science University of Colorado Boulder Boulder, Colorado, USA

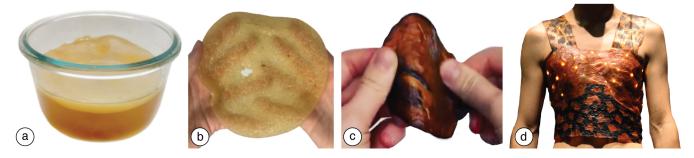


Figure 1: Kombucha SCOBY (Symbiotic Culture of Bacteria and Yeast), is a sustainable cellulose biofilm, (a) grown in kombucha tea, (b) that can be harvested and then dried. (c) Once dry, SCOBY acts similarly to traditional animal and plastic based leathers. (d) This studio aims to facilitate a space to explore how dry SCOBY "leather" can be customized via color, shape and electronics to create wearables and other interactive applications for HCI.

ABSTRACT

The goal of this studio is to facilitate a space in which HCI researchers and designers can explore SCOBY (Symbiotic Culture of Bacteria and Yeast), a sustainable biofilm, grown in kombucha tea, that acts similarly to traditional leathers when harvested and dried. While SCOBY is a popular biomaterial in biodesign and DIYBio practices, we aim to introduce SCOBY as a biomaterial for HCI and ground it in sustainable HCI and slow design theory. Participants will then gain hands-on experience with SCOBY through a material exploration phase (e.i., learning how to embed colors, patterns, and electronics) followed by a structured SCOBY application creation phase. Ultimately, the goal of this studio is to give HCI practitioners who are interested in biodesign a space and time to collaborate, create and discuss the opportunities and challenges of kombucha SCOBY as a biomaterial for HCI.

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CCS CONCEPTS

 \bullet Human-centered computing \rightarrow Interaction design process and methods.

KEYWORDS

Bio-HCI; Biodesign; Biomaterials; DIYBio; Microbial Cellulose; Slow Design; Sustainability; Wearables; Tangible Interfaces

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1 INTRODUCTION

Biological Human-Computer Interaction (bio-HCI) has gained attention over the past decade, as a novel field of research that bridges humans, organisms, and computers by integrating biological materials into interfaces [44, 51, 57]. Recently, there have been a number of Bio-HCI works that utilize biologically based materials such as mycelium [22, 66, 67], bioplastic [6], biofoam [42], and bioclay [10] as biodegradable alternatives for traditionally non-biodegradable materials. SCOBY (Symbiotic Culture Of Bacteria and Yeast), a microbial biofilm that forms at the "air-liquid interface" of a sweet tea

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called Kombucha [40], fits into this growing library of biologically based materials as one that is "leather-like" when dried, circular (can be re-grown from a starter culture indefinitely), and biodegradable (takes 30 days to biodegrade 96% in soil) [8]. SCOBY "leather", popularized by Suzanne Lee [43], has been commonly used in the biodesign and DIYBio communities for fashion [4, 20, 41], which have sparked bio-HCI researchers to correspondingly use SCOBY to create biodegradable wearables [8, 52, 60].

Although bio-HCI is relatively new in HCI, we have noticed that the research community is very interested in learning about new materials, methods, and techniques-given the success of our TEI'22 studio on algae-based bioplastics [7]. As such, we want to continue raising interest in biomaterials within HCI with a half-day (~4 hour) studio, in which participants will explore kombucha SCOBY. SCOBY comes in two main forms: living (wet SCOBY biofilm, Figure 1a/1b) and dead (dry SCOBY "leather", Figure 1c). For this proposed studio, in-person participants will engage with dead/dry SCOBY "leather" samples brought by organizers rather than living SCOBY (live SCOBY takes ~2 weeks to grow and ~2 days to dry). For the virtual participants, we will include instructions for how to grow SCOBY at home on our studio website. By doing so, both in-person and virtual participants can continue engaging with SCOBY after the studio. While participants will not be able to experience the slow growth of SCOBY during the allotted studio time (instead working with dry SCOBY), we still want to address the challenges and opportunities presented by designing at the pace of another organism. Correspondingly, we will encourage participants to discuss how grown biomaterials, especially SCOBY, address slow design [26, 32, 54, 64] and Sustainable Human-Computer Interaction (SHCI) [14, 49, 59, 68].

We will begin the studio with an introduction to SCOBY (what it is and how it is grown, harvested, and dried), followed by presenting our corresponding work on designing SCOBY wearables (teaching our fabrication methods, tools, and techniques) [8, 11]. We will then facilitate an open exploration of SCOBY, in which participants will directly engage with SCOBY samples to get a feel for how it acts and to experiment with different fabrication methods for controlling form (cutting, sewing, and layering), aesthetics (transfer printing and painting), and function (embedding electronics, and adding electrical conductivity). Once participants have gained more confidence working with SCOBY we will task participants with creating a SCOBY wearable either on their own or by following a simple pre-set design that we will guide (see Figure 1d for an example of a SCOBY wearable). We will close our studio with short presentations of the wearables made by participants and a discussion of their experiences designing with SCOBY.

2 BACKGROUND

To reduce the environmental impact of current design practices, researchers have repurposed waste to reduce raw material consumption [10, 19, 70], unmade artifacts to reuse raw materials [14, 63, 71], theorized posthuman design methodologies [18, 53, 55, 61, 69], and developed biodegradable materials [6, 33, 42, 52, 62, 67]. This studio focuses on SCOBY, a biodegradable material that highlights the importance of "linking invention and disposal" [14] when approaching sustainability in HCI [49, 59, 68].

When living, SCOBY has been used as a genetically engineered storage device for memories [1], a genetically engineered fluorescent display [23], a speculative "semi-living" sculpture [15], and a grown "robot" that can encapsulate waterproof electronics [56]. When dead/dry, SCOBY transforms into a sturdy, flexible, and easyto-work-with biodegradable material that acts like leather. SCOBY has been used for art installations such as Giulini's "Bodypuppets" [24] and Lynch's "Gut Feelings" [48]; for commercial products such as Bucha Bio's Shorai material [12] and Kombucha Biomaterials' paper [13]; for biodesign projects such as "GIY Bio Buddies" [29] and "CocoBucha" [20]; and for fashion such as Lee's BioCouture [43] and Baker's kombucha jacket [4]. Researchers have recently taken inspiration from, SCOBY's use in the fashion world to create wearables, such as ScobyTec's biker jacket that uses colored LEDs to signal the wearer's mood [60] and Ng's "Ava" that can be worn as an accessory [52]. We also acknowledge that there are several Do-It-Yourself Biology (DIYBio) [39] resources and projects for kombucha SCOBY [16, 35, 50, 58, 65]. In this studio, we take inspiration from these past works to teach others how to design their own SCOBY applications.

We further situate this SCOBY studio within the growing biological HCI (Bio-HCI) community, which is interested in utilizing biological materials to create novel interfaces and interactions [31, 44, 51, 57]. Some Bio-HCI work focuses on incorporating living materials such as bacteria [3, 25, 34, 38, 47, 72], green algae [11, 17, 30, 45], bioluminescent algae [5, 55], fungus [27, 32], plants [21, 28, 36, 37] and slime mold [46] to create dynamic interfaces and displays. Other research focuses on using materials derived from once-living organisms such as mycelium [22, 66, 67], bioplastic [6, 33], biofoam [42], and bioclay [10] in combination with electronic components to create more sustainable interfaces. To further bridge biology and HCI, researchers have unpacked the opportunities for bioart and HCI collaborations [2], presented a way to transform an HCI studio into a biosafety laboratory [38], provided a taxonomy of digital tools for biodesign [73], introduced a framework for human-microbe interactions [57], and discussed the implications of living media interfaces [51].

Apart from teaching design and making techniques with SCOBY, our studio also aims to highlight one of the most unique affordances of biological interfaces—slowness. Notable Bio-HCI works that directly address slowness include Mould Rush, which uses the slow growth of fungi and bacteria to create a bio-digital game [32] and Self-deStaining textiles, which record wearer's experiences over time through a slow photocatalytic reaction that degrades organic stains with light [9]. By discussing the time scales of SCOBY during each step in its life cycle (growing, drying, fabricating, biodegrading) we hope to encourage participants to draw connections between slow design, bio-HCI, and SHCI—the slowness of SCOBY encouraging more thoughtful and intentional design decisions [8].

3 STUDIO PROPOSAL

3.1 Learning goals

The aim of this studio is to familiarize participants with kombucha SCOBY via hands-on explorations and to teach them about slow design, bio-HCI, and SHCI. Accordingly, the studio will look into:

- How can SCOBY be utilized by the HCI community? How can SCOBY support the creation of sustainable interactive interfaces?
- What opportunities and challenges does SCOBY present in the context of interaction design? What would the future of HCI look like if researchers start working with materials that are *grown*?
- What roles do slowness and sustainability play when creating tangible interfaces? How can we challenge current making methodologies to make them more sustainable?

3.2 Materials to be explored

To achieve our learning goals, we envision our studio being divided into 4 main stages, taking a total of 4 hours:

- (1) Introduction: We will begin by introducing participants to how the studio will run, and to SCOBY. We will cover how to grow SCOBY from scratch using store-bought ingredients, followed by methods for drying SCOBY into a leather-like material (Figure 1a-c). We will also showcase some of our own material explorations with SCOBY and some example applications. Lastly, we will introduce slow design and SHCI and how the two are interconnected.
- (2) Open Exploration: During the second stage, participants will engage directly with various dry SCOBY samples to get a feel for how SCOBY behaves. After getting familiarized with SCOBY, we will teach participants different fabrication techniques to control SCOBY's form (cutting, layering, sewing), aesthetics (painting, transfer printing), and function (adding electrical conductivity and electrical components) as seen in Figure 2. Participants will then be allowed to openly explore various methods that we introduced or come up with their own techniques for working with SCOBY.
- (3) Structured Making: The third stage of the studio will be devoted to the creation of SCOBY wearables. During this time participants will apply what they learned from their open exploration to create one SCOBY application that is interactive and can be worn (Figure 2). Participants confident working with SCOBY and creating wearables will be allowed to use this time to work on their own. Meanwhile, we will support the more unsure participants by walking them through the creation of a predetermined bracelet wearable. Participants can also optionally work in teams to collaboratively complete this task.
- (4) Closing: To close the studio, participants will present their final SCOBY wearables and we will facilitate an open discussion regarding the participants' experiences designing with SCOBY. Example questions that will be posed: Did SCOBY act in expected ways? What were some limitations/ challenges you faced when working with SCOBY? Would you use SCOBY again to make wearables? What future SCOBY experiments/applications do you want to try? Is it important to incorporate sustainable biomaterials into HCI practices? We will end the studio with a summary and closing comments.

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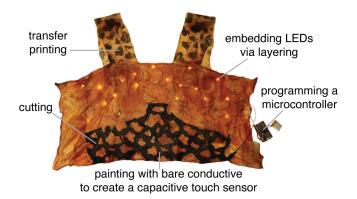


Figure 2: We will begin with an open exploration of SCOBY, in which participants will learn different fabrication techniques (cutting, layering, transfer printing, embedding LEDs, adding electrical conductivity, etc.), and then move to a more structured making activity with SCOBY, in which participants will apply their explorations to make an interactive SCOBY wearable/application.

3.3 Schedule

Our proposed studio is a one-day event planned to span 4 hours with small 10-minute breaks scattered throughout, as seen in Table 1.

Stage	Duration	Description
1	10 minutes	Introduction to the studio
1	10 minutes	Participant introduction
1	30 minutes	Presentation on SCOBY
	10 minutes	Break
2	15 minutes	Getting familiarized with SCOBY
2	45 minutes	Open design explorations with SCOBY
		(learn how to integrate electronics
		and customize color and shape)
	10 minutes	Break
3	45 minutes	Structured making with SCOBY
		(create interactive SCOBY application)
	10 minutes	Break
4	45 minutes	Present SCOBY accessories and
		and share experiences with SCOBY
4	10 minutes	Summary and conclusion

Table 1: Day-of Studio Schedule (total time: 4 hours)

3.4 Hybrid/virtual conference

We find that it is easier to collaboratively explore and discuss biomaterials in-person, as such we propose to hold the studio completely in person. However, this studio can also be performed in both hybrid and virtual formats. If in-person, we will provide a wide selection of SCOBY samples, fabrication tools, and additional materials for customization. If hybrid or virtual, online participants will need to obtain their own tools and materials before the studio, which includes growing and drying their own SCOBY samples ahead of time. We note that these materials and tools are typically inexpensive and widely available, i.e., they can be found easily at grocery and craft stores. We will also include a video tutorial and written instructions for how to grow SCOBY on our studio website in December so that virtual participants can make their SCOBY samples ahead of time.

4 SUPPORTING MATERIALS

We plan to create a website for our studio prior to the conference that will have the studio information, call for participation, registration, schedule, important dates, organizers, materials, and instructions. We will update it with information about the format of the studio (in-person, hybrid, or virtual) so that participants know what to expect (e.g., buying their own materials in the case of remote participation). The website will also be a means of disseminating the results of the studio, especially images of various applications made by participants. For recruitment, we will primarily use social media (Instagram and Twitter)—our lab's Instagram account has over 6000 followers, and using it for the TEI'22 studio was very successful. Lastly, we plan to communicate directly with participants via a transparent email chain so that participants can connect and ask questions before and after the studio.

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